

**HARC Results 2007 and 2010**  
**Summary Tables with**  
**Comparisons to National Goals and**  
**Results from Regional Surveys**



**Community Health Monitor for**  
**Eastern Riverside County**  
**2010**

## Summary Tables of HARC Results 2007 and 2010 Compared to National Goals and Results from Regional Surveys

We have created summary tables for Adults, Seniors, Children 0-17, Children 0-5, and Children 6-17 to provide a snapshot of our data in one location with comparisons to results obtained by other regional surveys and national goals. These tables show survey data for 2007 (if included in the most recent survey) and 2010.

Each cell contains several pieces of information. On top is the proportion of residents in a given category, such as the proportion of adults who lack health care insurance coverage (20.5% in 2010 and 14.8% in 2007, as shown in the table excerpt on the next page). In the middle of the cell is the 95% confidence interval around the estimate (17.8% to 23.5% in 2010). At the bottom is the population estimate that corresponds to the percent (in 2010, an estimated 106,652 adult residents lacked health care coverage). Putting these elements together, the data say that 20.5% of adults in 2010 (106,652 residents of Eastern Riverside County) are without health care coverage. We are 95% confident that the true population estimate lies between 17.8% and 23.5%. Based on the confidence intervals, there is a statically significant change from 2007 to 2010 which is indicated in the table with an “\*” next to the confidence interval.

To determine if the difference across years (e.g., health care coverage between 2007 and 2010) is statistically significant, compare the confidence intervals for that group across the 2007 and 2010 data. If the confidence intervals overlap, the difference is not statistically significant. In our health care coverage example, the estimate of those without health coverage in 2007 was 12.3%-17.7%. In 2010, 17.8%-23.5% of respondents were estimated to be without coverage. Since these do not overlap, the difference between 2007 and 2010 is statistically significant. Meaning, the proportion of respondents who lack health care coverage significantly increased from 2007 to 2010.

Using a color-coded “Dashboard” format, the HARC Eastern Riverside County results for 2010 are compared to other regional surveys results and national goals: CHIS (California Health Interview Survey) for Riverside County and for the state of California, and Healthy People 2010 and 2020 goals. If the HARC result is at or better than the comparative measure, the comparative result is color-coded **BLUE**. If the HARC result is worse than the comparative measure, the result is color-coded **BROWN**. These comparisons do not look at statistical significance; the comparisons are only “better” or “worse.”

In the table excerpt, the HARC 2010 result for respondents without health care coverage is 20.5%. The CHIS result for Riverside County is 25.3%. Since the goal is to have fewer people without health care coverage and the HARC result is favorably lower than the CHIS Riverside County result, the CHIS result is color-coded **BLUE**. The comparison to CHIS California is also favorable so it is also color-coded **BLUE**. However, the Healthy People goal for 2010 and 2020 is to have no one without health care coverage, so both of those results are color-coded **BROWN** to indicate an unfavorable comparison.

The legend provides a key to the color-coding, information on the year of CHIS results being compared, whether the question was included in the survey year, and if the CHIS result is statistically unstable due to a small sample.

**Summary of HARC Results 2007 and 2010  
Compared to Results from National and Regional Surveys  
Adult (18+) Survey**

Access				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Health care coverage	Currently without coverage	14.8% (12.3% - 17.7%) 80,950	20.5% (17.8% - 23.5%) * 106,652	25.3% (19.2%-31.5%)	20.9% (16.9%-19.0%)	0%	0%
	Have now but without sometime in last 12 months	7.4% (5.3% - 10.3%) 34,881	7.4% (5.7% - 9.5%) 30,512	5.1% (1.5% - 8.7%) **	6.2% (5.3% - 7.0%)		
	Without due to cost	28.1% (20.0% - 37.9%) 20,141	43.1% (35.0% - 51.5%) 44,225	—	—		
Vision insurance coverage	Currently without Vision Coverage	N/A	50.0% (47.0% - 53.0%) 253,687	—	—		

Legend:



HARC 2010 result at or better than comparison measure

HARC 2010 result worse than comparison measure

N/A = not asked in 2007

# CHIS data is 2009 unless otherwise indicated

^= CHIS 2007

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\*\* statistically unstable

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	Have now but without sometime in last 12 months	7.4% (5.3% - 10.3%) 34,881	7.4% (5.7% - 9.5%) 30,512	5.1% (1.5% - 8.7%) **	6.2% (5.3% - 7.0%)		
	Without due to cost	28.1% (20.0% - 37.9%) 20,141	43.1% (35.0% - 51.5%) 44,225	—	—		
Prescription insurance coverage	Currently without Prescription Coverage	13.0% (10.6% - 16.0%) 60,474	11.3% (9.5% - 13.4%) 45,880	3.9% (2.7% - 5.2%)	7.4% (6.7% - 8.1%)		
Dental insurance coverage	Currently without Dental Coverage	50.0% (46.4% - 53.7%) 270,091	54.5% (51.5% - 57.5%) 280,454	37.7% (33.8%-41.6%)	33.7% (32.9%-34.5%)	0%	0%
Vision insurance coverage	Currently without Vision Coverage	N/A	50.0% (47.0% - 53.0%) 253,687	—	—		
Mental health insurance coverage	Currently without Mental Health Coverage	N/A	44.5% (41.1% - 47.9%) 189,225	—	—		

\* Significant change from 2007 to 2010

Utilization				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
General Health Status	Fair or poor	16.2% (13.7% - 19.0%) 88,961	17.7% (15.6% - 20.0%) 92,295	18.8% (13.5%-24.0%)	18.4% (17.5%-19.3%)		
Last visit to health care provider	Less than 6 months	73.6% (70.2% - 76.8%) 402,631	66.9% (63.8% - 69.9%) * 348,652	—	—		
Last visit for routine check-up	Less than one year	75.8% (72.3% - 79.0%) 410,073	66.7% (63.6% - 69.7%) * 344,142	—	—		
Usual source of care	No usual place	5.5% (3.9% - 7.7%) 28,292	3.2% (2.2% - 4.7%) 16,593	20.8% (14.9%-26.7%)	16.5% (15.6%-17.5%)	4%	
Barriers to receiving health care	Understanding benefits	N/A	17.8% (15.6% - 20.3%) 91,712	—	—		
	Taking time off work	15.3% (12.6% - 18.5%) 84,340	13.6% (11.4% - 16.1%) 70,543	—	—		
	Operating hours	14.9% (12.4% - 17.7%) 81,308	12.5% (10.6% - 14.7%) 64,746	—	—		
	HMO authorization	10.0% (8.0% - 12.4%) 53,308	10.1% (8.4% - 12.1%) 51,088	—	—		
	Transportation	7.9% (5.9% - 10.5%) 43,534	7.2% (5.7% - 9.1%) 37,781	—	—		
	Finding doctor comfortable with	9.3% (7.5% - 11.6%) 51,228	6.6% (5.4% - 8.1%) 34,363	—	—		
	Language barriers	7.1% (5.1% - 9.7%) 39,061	3.4% (2.6% - 4.5%) * 17,712	—	—		

\* Significant change from 2007 to 2010

Legend:



HARC 2010 result at or better than comparison  
measure

HARC 2010 result worse than comparison measure

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**Summary Table of HARC Results 2007 and 2010  
Compared to Results from National and Regional Surveys  
Adult (18+) Survey**

Prevention				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Blood Cholesterol Screening	Have never been checked	26.9% (23.3% - 30.7%) 142,291	21.3% (18.6% - 24.3%) 108,758	10.7% (8.4% - 13.0%) +	10.5% (10.0%-11.0%) +		
	Not checked in last 5 years	3.0% (2.0% - 4.6%) 11,645	4.8% (3.3% - 6.9%) 19,132	3.1% (2.0% - 4.2%) +	3.9% (3.6% - 4.2%) +		
Colorectal Cancer Screening	Have never had a home blood stool test (age 50+)	48.3% (44.2% - 52.4%) 145,911	48.7% (45.7% - 51.6%) 136,317	—	—		
	Have never had a colonoscopy or sigmoidoscopy (age 50+)	N/A	31.1% (28.3% - 34.1%) 87,474	—	—	50%	
Dental Care	One year or more since last dental appointment	N/A	36.5% (33.5% - 39.5%) 189,442	—	—		
	Avoided visit due to cost	N/A	28.3% (23.6% - 33.5%) 53,121	—	—		
Men's Health							
Prostate Cancer Screening	Have never had a PSA test (male age 40+)	28.2% (23.5% - 33.4%) 47,464	27.8% (23.1% - 32.9%) 45,576	60.7% (49.8%-71.7%)	56.5% (54.5%-58.4%)		
	Have never had a digital rectal exam (male age 40+)	27.5% (22.8% - 32.8%) 48,123	22.5% (18.3% - 27.2%) 38,264	—	—		
Women's Health							
Breast Cancer Screening	Have never had a mammogram (female age 40+)	6.4% (4.6% - 8.9%) 12,474	8.7% (6.1% - 12.1%) 15,193	8.5% (2.5% - 14.5%) **	7.5% (6.7% - 8.3%)		
	Have never had a clinical breast exam (female age 18+)	18.8% (14.2% - 24.6%) 54,410	13.8% (10.9% - 17.4%) 35,632	—	—		
Cervical Cancer Screening	Have never had a pap smear (female age 18+)	9.2% (6.4% - 13.1%) 26,416	5.9% (4.1% - 8.6%) 15,293	10.2% (5.0% - 15.4%) ^	9.1% (8.2% - 10.0%) ^	3%	
HPV Vaccination	Have had an HPV vaccination (women 18-33)	N/A	19.1% (11.5% - 30.0%) 11,977	—	—		
HPV Vaccine number of shots	Are compliant with HPV vaccine guidelines (3 shots)	N/A	61.3% (32.5% - 83.8%) 7,338	—	—		
HIV Screening	Have never had an HIV test (18-64)	50.3% (45.5% - 55.1%) 171,789	64.0% (60.9% - 66.9%) 329,948	48.2% (44.3%-52.2%) +	46.9% (46.1%-47.7%) +		

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Legend:

	HARC 2010 result at or better than comparison measure
	HARC 2010 result worse than comparison measure

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# Summary Table of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Adult (18+) Survey

Health Behaviors				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Alcohol Use	Drank on one or more days in last month	55.0% (51.3% - 58.6%) 293,535	61.6% (58.6% - 64.5%) 319,165	56.6% (53.3%-60.0%) +	60.3% (59.5%-61.0%) +		
	Binge drinking in last month (1+ times)	23.2% (19.4% - 27.5%) 69,910	27.1% (23.4 - 31.2%) 85,908	18.1% (15.1%-21.0%) +	17.6% (17.0%-18.2%) +	13.4%	24.3%
	Drove drunk in last month one or more times	2.5% (1.5% - 4.0%) 7,674	4.3% (2.6% - 6.9%) 13,715	—	—		
Tobacco Use	Smoke cigarettes everyday or some days	13.9% (11.6% - 16.5%) 76,237	15.4% (13.3% - 17.9%) 80,607	17.0% (11.8%-22.1%)	13.6% (12.8%-14.4%)	12%	12%
	Attempted to quit in last 12 months	60.9% (52.0% - 69.2%) 46,399	57.3% (49.2% - 65.0%) 46,063	—	—	80%	80%

Sexual Behavior							
Sexually Active	In last 12 months	N/A	69.1% (66.4% - 71.7%) 333,984	83.1% (78.4%-87.9%)	82.9% (82.0%-83.9%)		
	Use condoms to prevent STDs	N/A	27.7% (23.9% - 31.9%) 91,595	—	—		
STD Education	Doctor discussed condom use to prevent STD in last 12 months	N/A	18.2% (15.1% - 21.7%) 60,614	—	—		

Major Diseases				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Diabetes	Ever diagnosed	9.5% (7.8% - 11.5%) 50,118	8.4% (7.2% - 9.8%) 44,021	6.9% (5.4% - 8.3%)	8.5% (7.8% - 9.1%)		
	Taken a course on diabetes management	66.2% (57.0% - 74.4%) 33,189	64.2% (56.9% - 70.9%) 28,154	—	—	60%	60%
Obesity	Ever diagnosed	7.3% (6.0% - 8.8%) 39,931	7.5% (6.1% - 9.2%) 39,073	—	—		

Disability				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Disability	Report at least one disability	23.8% (20.9% - 27.1%) 131,148	24.2% (21.9% - 26.8%) 126,588	—	—		
	Use special equipment	9.4% (7.5% - 11.7%) 51,913	8.7% (7.4% - 10.1%) 45,379	—	—		

Legend:

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**Summary Table of HARC Results 2007 and 2010  
Compared to Results from National and Regional Surveys  
Adult (18+) Survey**

Mental Health				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Mental Health Concerns	Mental health concerns in last 12 months	22.1% (19.2% - 25.4%) 121,752	20.9% (18.6% - 23.5%) 108,967	—	—		
	Problems serious enough to seek professional help	49.2% (41.2% - 57.3%) 60,226	53.0% (46.2% - 59.6%) 57,249	—	—		
	Still bothered by concern	35.3% (27.2% - 44.4%) 26,622	38.6% (32.6% - 45.0%) 41,980	—	—		
Mental Health Diagnoses	Depressive disorder	8.3% (6.6% - 10.3%) 45,275	9.2% (7.7% - 11.1%) 48,085	—	—		
	Generalized anxiety disorder	4.4% (3.1% - 6.3%) 24,101	5.9% (4.8% - 7.3%) 30,861	—	—		
	Panic disorder	3.7% (2.4% - 5.8%) 20,277	3.2% (2.5% - 4.1%) 16,617	—	—		
	Post-traumatic stress disorder	3.0% (2.0% - 4.4%) 16,161	3.1% (2.3% - 4.2%) 16,038	—	—		
	Phobia	3.4% (2.0% - 5.8%) 18,720	2.0% (1.4% - 2.9%) 10,295	—	—		
	Obsessive-compulsive disorder	1.4% (0.6% - 3.3%) 7,718	1.8% (1.2% - 2.7%) 9,338	—	—		
	Bipolar disorder	1.9% (1.0% - 3.7%) 10,374	1.7% (1.1% - 2.7%) 8,874	—	—		
	Schizophrenia	0.4% (0.2% - 0.8%) 2,283	0.9% (0.5% - 1.5%) 4,676	—	—		
Mental Health Treatment	Visit a mental health professional in last 12 months	N/A	24.8% (20.0% - 30.4%) 32,418	35.7% (26.9%-44.6%)	42.9% (39.5%-46.4%)		
	Visit a primary health care provider in last 12 months	N/A	27.3% (22.0% - 33.3%) 35,578	38.4% (28.3%-48.5%)	25.8% (23.1%-28.5%)		
	Psychological counseling in last 12 months	N/A	17.5% (13.8% - 22.1%) 22,892	—	—		
	Mental health medications in last 12 months	N/A	40.7% (35.1% - 46.6%) 53,042	—	—		
Mental Health Treatment Access	Could not get mental health care in last 12 months	N/A	9.7% (6.9% - 13.6%) 12,585	—	—		
	Could not get mental health medications in last 12 months	N/A	7.2% (5.0% - 10.4%) 9,346	—	—		
Suicide	Considered suicide in last 12 months	N/A	3.6% (2.5% - 5.1%) 18,539	—	—		
	Made a plan for suicide in last 12 months	N/A	57.9% (40.1% - 73.9%) 10,656	—	—		

Legend:



HARC 2010 result at or better than comparison measure

HARC 2010 result worse than comparison measure

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Compared to Results from National and Regional Surveys  
Adult (18+) Survey**

Community Health				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Social and Emotional Needs							
Food Assistance	In last 12 months	4.6% (3.2% - 6.6%) 25,364	9.5% (7.7% - 11.5%) * 49,375	—	—		
	Not able to receive it	N/A	17.7% (11.0% - 27.3%) 8,586	—	—		
Financial Assistance	In last 12 months	7.6% (5.4% - 10.4%) 41,520	9.1% (7.3% - 11.2%) 47,548	—	—		
	Not able to receive it	N/A	43.3% (32.6% - 54.6%) 20,187	—	—		
Utility Assistance	In last 12 months	5.2% (3.7% - 7.1%) 28,449	7.6% (6.1% - 9.5%) 39,882	—	—		
	Not able to receive it	N/A	21.1% (13.2% - 32.1%) 8,318	—	—		
Transportation Assistance	In last 12 months	5.0% (3.6% - 7.0%) 27,562	6.9% (5.5% - 8.7%) 36,170	—	—		
	Not able to receive it	N/A	20.2% (12.4% - 31.0%) 7,270	—	—		
Housing Assistance	In last 12 months	4.4% (2.9% - 6.6%) 24,148	4.4% (3.1% - 6.1%) 22,793	—	—		
	Not able to receive it	N/A	46.6% (29.7% - 64.3%) 10,236	—	—		
Home Health Care Assistance	In last 12 months	4.1% (2.7% - 6.1%) 22,577	4.2% (3.1% - 5.6%) 21,918	—	—		
	Not able to receive it	N/A	23.4% (12.8% - 39.0%) 5,110	—	—		
Rental Assistance	In last 12 months	3.5% (2.3% - 5.4%) 19,259	3.8% (2.7% - 5.3%) 19,693	—	—		
	Not able to receive it	N/A	47.3% (30.8% - 64.5%) 9,077	—	—		

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**Summary Table of HARC Results 2007 and 2010  
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Adult (18+) Survey**

Weight, Activity and Nutrition				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
BMI	Overweight	38.3% (34.6% - 42.1%) 184,066	38.2% (35.2% - 41.2%) 186,303	36.0%-49.0%	33.6% (32.5%-34.7%)		
	Obese	17.9% (15.3% - 20.8%) 86,110	20.3% (17.9% - 23.0%) 99,184	21.6% (17.4%-25.8%)	22.7% (21.8%-23.6%)		
Weight Perception	Consider themselves overweight	N/A	36.0% (33.2% - 38.9%) 187,653	—	—		
Weight Management	Tried to lose weight	N/A	44.6% (41.6% - 47.6%) 233,023	—	—		
Activity	No physical activity or exercise in last 7 days	N/A	16.4% (14.5% - 18.6%) 85,517	14.3% (11.7%-17.0%)	14.0% (13.5%-14.6%)		
	No strength training activity in last 7 days	N/A	47.3% (44.3% - 50.3%) 246,799	—	—		
Nutrition	No meals prepared away from home in last 7 days	N/A	19.5% (17.4% - 21.8%) 101,185	—	—		
Food Insecurity	Cut meal size or skipped meals due to cost	N/A	13.0% (10.9% - 15.4%) 67,893	—	—		
	Skipped meals on whole day due to cost	N/A	3.6% (2.6% - 5.0%) 18,842	—	—		
	Received emergency food assistance	N/A	8.3% (6.7% - 10.1%) 43,189	—	—		

Demographics				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Sexual Orientation	LGBTQ	10.2% (8.2% - 12.7%) 51,369	9.1% (7.6% - 10.9%) 44,781	—	—		
Residency	Full-time resident of ERC	73.3% (69.8% - 76.6%) 404,964	80.0% (77.4% - 82.4%) 418,422	—	—		
	U.S. citizen	85.6% (82.3% - 88.3%) 462,149	90.9% (89.0% - 92.5%) 467,846	84.9% (79.5%-90.3%)	84.3% (83.3%-85.3%)		

\* Significant change from 2007 to 2010

Socioeconomic Status				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Home ownership	Own home	73.1% (69.3% - 76.6%) 393,822	66.7% (63.5% - 69.8%) 342,107	67.4% (60.8%-73.9%)	61.1% (59.9%-62.4%)		
Employment Status	Out of Work	4.2% (3.1% - 5.9%) 23,278	10.6% (8.8% - 12.8%) 55,357	12.8% (7.3%-18.3%)	8.8% (7.9%-9.7%)		
	Employed in one full-time job	76.5% (71.4% - 81.0%) 189,035	65.7% (60.5% - 70.5%) 139,922	—	—		
Poverty	At or below the FPL	10.5% (7.9% - 13.9%) 44,634	12.0% (10.0% - 14.5%) 50,921	18.2% (12.6%-23.9%)	16.0% (15.0%-17.0%)		
	Above 300% FPL	55.4% (51.1% - 59.4%) 234,879	47.8% (44.4% - 51.1%) 202,202	47.7% (41.5%-54.0%)	52.2% (51.1%-53.4%)		

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Legend:

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# Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Senior (55+) Survey

Access				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Health care coverage	Currently without coverage (65+)	2.8% (1.4% - 5.3%) 5,607	0.6% (0.2% - 1.4%) 920	0.4% (0 - 0.9) **	0.9% (0.6 - 1.3)	0%	0%
	No Medicare supplement insurance	N/A	38.2% (34.1% - 42.5%) 43,935	—	—		
Prescription insurance coverage	Currently without coverage	15.2% (12.5% - 18.2%) 42,144	10.5% (8.7% - 12.7%) 24,336	5.1% (3.4% - 6.8%)	6.4% (5.9% - 6.9%)		
Dental insurance coverage	Currently without coverage	N/A	57.6% (54.6% - 60.6%) 141,106	43.5% (39.3%-47.7%)	39.7% (38.6%-40.7%)	0%	0%
Vision insurance coverage	Currently without coverage	N/A	42.4% (39.3% - 45.6%) 103,330	—	—		
Mental health insurance coverage	Currently without coverage	N/A	36.3% (32.7% - 40.0%) 66,800	—	—		

Utilization				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
General Health Status	Fair or poor	15.4% (12.6% - 18.7%) 43,255	17.2% (15.2% - 19.4%) 42,449	20.9% (17.2%-24.7%)	25.2% (24.0%-26.5%)		

Disability				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Disability	Report at least one disability	20.9% (17.5% - 24.8%) 58,782	23.4% (21.0% - 26.1%) 57,873	—	—		
	Use special equipment	14.1% (11.0% - 18.0%) 39,728	13.5% (11.7% - 15.6%) 33,402	—	—		

Legend:



HARC 2010 result at or better than comparison measure

HARC 2010 result worse than comparison measure

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# Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Senior (55+) Survey

Community Health				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Social and Emotional Needs							
Utility Assistance	In last 12 months	3.2% (2.5% - 4.2%) 8,981	4.4% (3.5% - 5.4%) 10,763	—	—		
	Not able to receive it	N/A	18.8% (10.3% - 31.7%) 1,969	—	—		
Food Assistance	In last 12 months	2.4% (1.5% - 3.6%) 6,616	4.3% (3.3% - 5.6%) 10,715	—	—		
	Not able to receive it	N/A	11.4% (6.4% - 19.4%) 1,215	—	—		
Financial Assistance	In last 12 months	3.1% (2.1% - 4.4%) 8,605	4.3% (3.2% - 5.7%) 10,567	—	—		
	Not able to receive it	N/A	58.0% (43.6% - 71.2%) 5,879	—	—		
Transportation Assistance	In last 12 months	4.7% (2.8% - 7.8%) 13,291	4.0% (3.1% - 5.2%) 9,946	—	—		
	Not able to receive it	N/A	11.4% (5.5% - 22.1%) 1,122	—	—		
Home Health Care Assistance	In last 12 months	3.7% (2.7% - 4.9%) 10,309	4.0% (3.1% - 5.1%) 9,862	—	—		
	Not able to receive it	N/A	7.0% (2.9% - 16.3%) 693	—	—		
Rental Assistance	In last 12 months	1.8% (1.2% - 2.7%) 5,028	2.0% (1.4% - 2.8%) 4,997	—	—		
	Not able to receive it	N/A	36.1% (20.6% - 55.1%) 1,803	—	—		
Housing Assistance	In last 12 months	2.5% (1.7% - 3.6%) 7,007	1.6% (1.1% - 2.3%) 4,041	—	—		
	Not able to receive it	N/A	36.3% (19.9% - 56.7%) 1,468	—	—		

Weight and Activity				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
BMI	Overweight	39.1% (34.6% - 43.7%) 98,503	39.5% (36.4% - 42.6%) 91,398	37.3% (31.6%-42.9%)	37.0% (35.7%-38.2%)		
	Obese	15.7% (13.0% - 18.8%) 39,579	16.3% (14.1% - 18.8%) 37,770	21.4% (17.5%-25.3%)	24.4% (23.3%-25.5%)		
Weight Perception	Consider themselves overweight	N/A	35.4% (32.5% - 38.5%) 87,452	—	—		
Weight Management	Tried to lose weight	N/A	39.8% (36.8% - 42.9%) 98,421	—	—		
Activity	No physical activity or exercise in last 7 days	N/A	16.4% (14.4% - 18.5%) 40,329	20.6% (17.0%-24.2%) ^	17.7% (16.9%-18.6%) ^		
	No strength training activity in last 7 days	N/A	52.8% (49.6% - 55.8%) 130,271	—	—		

Legend:

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# Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Senior (55+) Survey

Nutrition				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Nutrition	No meals prepared away from home in last 7 days	N/A	20.5% (18.3% - 23.0%) 50,219	—	—		
Food Insecurity	Cut meal size or skipped meals due to cost	N/A	5.0% (3.9% - 6.3%) 12,307	—	—	reduce food insecurity to 6%	
	Skipped meals on whole day due to cost	N/A	1.3% (0.8% - 2.2%) 3,215	—	—		
	Received emergency food assistance	N/A	4.7% (3.6% - 6.2%) 11,741	—	—		

Senior Issues				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Senior Abuse	Victim of physical abuse	2.6% (1.7% - 4.0%) 7,111	1.5% (1.0% - 2.2%) 3,611	—	—		
	Victim of financial abuse	5.5% (3.4% - 8.7%) 14,684	3.8% (2.8% - 5.2%) 9,370	—	—		
Falls	Have fallen at least once in past 3 months	12.1% (9.9% - 14.8%) 32,745	15.0% (13.1% - 17.2%) 37,119	11.8% (8.6%-14.9%) ^	14.5% (13.5%-15.4%) ^		
	Had fall with injury	37.2% (28.1% - 47.2%) 12,140	28.5% (22.5% - 35.5%) 10,579	48.5% (34.6%-62.4%) ^	46.6% (43.4%-49.7%) ^		
	Fear of falling	22.5% (18.0% - 27.8%) 53,659	20.4% (18.2% - 22.7%) 50,316	—	—		
Daily Care	Need help with activities of daily living	N/A	3.5% (2.8% - 4.5%) 8,778	—	—		
	Not able to get help with activities of daily living	N/A	7.7% (4.0% - 14.2%) 660	—	—		
	Need help with activities required for independent living	N/A	6.2% (5.1% - 7.5%) 15,289	—	—		
	Not able to get help with activities required for independent living	N/A	10.3% (6.4% - 16.1%) 1,539	—	—		

Demographics				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Sexual Orientation	LGBTQ	10.2% (7.5% - 13.6%) 26,168	9.6% (8.0% - 11.6%) 22,251	—	—		
Residency	Full-time resident of ERC	52.5% (48.1% - 57.0%) 147,920	64.9% (61.5% - 68.2%) 160,810	—	—		
	U.S. citizen	93.5% (91.0% - 95.3%) 260,273	93.5% (91.7% - 95.0%) 229,182	94.9% (92.6%-97.3%)	94.6% (93.9%-95.3%)		

\* Significant change from 2007 to 2010

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# **Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Senior (55+) Survey**

Socioeconomic Status				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Home ownership	Own home	88.3% (84.9% - 91.0%) 244,272	<b>85.7%</b> (83.2% - 87.8%) <b>209,774</b>	<b>79.2%</b> (70.9%-87.5%)	<b>76.6%</b> (75.3%-77.9%)		
		1.7% (1.1% - 2.8%) 4,827	<b>4.9%</b> (3.7% - 6.4%) * <b>11,974</b>	<b>6.7%</b> (0.9% - 12.4%) **	<b>2.7%</b> (2.3% - 3.2%)		
Employment Status	Out of Work	4.2% (2.7% - 6.3%) 8,438	<b>6.9%</b> (5.1% - 9.1%) <b>12,824</b>	<b>13.8%</b> (8.1% - 19.6%)	<b>10.4%</b> (9.6% - 11.3%)		
		74.2% (70.2% - 77.8%) 150,588	<b>64.8%</b> (61.4% - 68.0%) * <b>121,084</b>	<b>53.3%</b> (46.8%-59.8%)	<b>57.9%</b> (56.6%-59.2%)		
Poverty	At or below the FPL						
	Above 300% FPL						

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Legend:



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# Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Child (0 to 17) Survey

Child (0-17) Adult Access (Parent or Guardian of Child)				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Health care coverage	Currently without coverage	23.1% (19.0% - 27.7%) 33,870	<b>23.7%</b> (18.5% - 29.8%) 32,905	—	—	0%	0%
	Have now but without sometime in last 12 months	N/A	<b>15.6%</b> (9.9% - 23.6%) 16,479	—	—		
	Without due to cost	27.2% (18.4% - 38.2%) 8,917	<b>31.5%</b> (20.8% - 44.7%) 9,633	—	—		
Prescription insurance coverage	Currently without coverage	34.7% (29.9% - 39.7%) 49,330	<b>12.6%</b> (8.8% - 17.6%) * 13,275	—	—		
Dental insurance coverage	Currently without coverage	42.4% (37.2% - 47.8%) 61,759	<b>47.5%</b> (40.6% - 54.5%) 65,423	—	—	0%	0%
Vision insurance coverage	Currently without coverage	43.6% (38.3% - 49.0%) 63,125	<b>50.2%</b> (43.2% - 57.3%) 68,819	—	—		
Mental health insurance coverage	Currently without coverage	44.7% (39.1% - 50.4%) 57,354	<b>48.3%</b> (40.8% - 55.9%) 59,479	—	—		

\* Significant change from 2007 to 2010

Child (0-17) Access				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Health care coverage	Currently without coverage	15.7% (12.5% - 19.6%) 23,068	<b>7.9%</b> (5.5% - 11.2%) * 10,925	<b>3.8%</b> (1.8% - 5.8%)	<b>4.9%</b> (4.2% - 5.6%)	0%	0%
	Have now but without sometime in last 12 months	12.0% (8.8% - 16.2%) 14,778	<b>11.3%</b> (7.0% - 17.8%) 14,442	<b>6.1%</b> (3.7% - 8.4%)	<b>7.4%</b> (7.4% - 9.4%)		
	Without due to cost	25.5% (16.5% - 37.2%) 5,228	<b>38.3%</b> (20.5% - 59.8%) 3,810	—	—		
	Health care coverage publicly funded	69.7% (63.4% - 75.3%) 65,459	<b>65.0%</b> (56.9% - 72.3%) 75,700	<b>36.9%</b> (29.5%-44.3%)	<b>38.4%</b> (36.7%-40.0%)		
Prescription insurance coverage	Currently without coverage	22.8% (18.9% - 27.2%) 33,035	<b>14.2%</b> (10.5% - 19.0%) 19,600	<b>4.9%</b> (2.3% - 7.5%)	<b>6.1%</b> (5.3% - 6.9%)		
Dental insurance coverage	Currently without coverage	10.7% (7.8% - 14.4%) 15,503	<b>26.8%</b> (21.4% - 33.1%) 36,682	<b>25.4%</b> (19.6%-31.3%) ^	<b>19.6%</b> (18.5%-20.7%) ^	0%	0%
Vision insurance coverage	Currently without coverage	32.9% (28.2% - 38.1%) 46,271	<b>27.4%</b> (21.1% - 34.6%) 36,795	—	—		
Mental health insurance coverage	Currently without coverage	N/A	<b>28.1%</b> (22.5% - 34.5%) 32,872	—	—		

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**Summary of HARC Results 2007 and 2010  
Compared to Results from National and Regional Surveys  
Child (0 to 17) Survey**

Child (0-17) Utilization				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
General Health Status	Fair or poor	5.4% (3.6% - 7.9%) 7,888	2.9% (1.9% - 4.5%) 4,052	5.1% (1.0% - 9.2%) **	6.5% (5.6% - 7.3%)		
Last visit to health care provider	Less than 6 months	65.7% (60.0% - 71.0%) 94,394	68.7% (61.2% - 75.3%) 95,038	—	—		
Visit for routine check-up	Not in last 12 months	N/A	31.4% (21.1% - 43.9%) 19,742	—	—		
Difficulty with health care provider appointment	Difficulty with time before getting an appointment	17.4% (13.6% - 21.9%) 20,820	10.7% (7.0% - 16.2%) 13,053	—	—		
	Difficulty with wait time before seeing the health care provider	11.9% (8.7% - 16.1%) 14,363	16.3% (12.0% - 21.9%) 19,861	—	—		
	Difficulty with demeanor or attitude of health care provider	8.7% (5.4% - 13.6%) 10,423	6.3% (3.3% - 11.8%) 7,616	—	—		
	Difficulty with demeanor or attitude of office staff	12.8% (8.6% - 18.7%) 15,332	6.5% (3.4% - 12.0%) 7,858	—	—		
	Provider has no evening or weekend hours	56.7% (50.5% - 62.7%) 64,748	55.1% (47.0% - 62.8%) 63,798	—	—		
Prescription drug	Did not order due to cost	10.7% (7.8% - 14.4%) 15,503	9.0% (6.0% - 13.4%) 12,525	—	—		
Ordered test or treatment	Delayed in last 12 months	4.7% (3.1% - 7.1%) 6,861	5.3% (3.5% - 8.1%) 7,385	7.0% (3.9% - 10.2%)	5.1% (4.4% - 5.7%)		
	Delayed due to cost	41.7% (22.7% - 63.5%) 2,827	24.6% (9.9% - 49.1%) 1,813	—	—		

Child (0-17) Prevention				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Dental Care	Never been to a dentist	24.8% (20.6% - 29.4%) 36,287	17.7% (13.9% - 22.4%) 24,593	—	—		
	Visit last 6 months	N/A	64.9% (57.2% - 72.0%) 73,275	—	—		
	Does not floss (>=5)	29.4% (24.1% - 35.4%) 28,576	31.7% (23.6% - 41.1%) 30,089	—	—		
Hearing check	Never had a hearing check (<=5)	27.3% (19.7% - 36.5%) 12,638	19.8% (13.5% - 28.2%) 8,772	—	—		
Immunizations	Doctor or clinic has not reminded to get (<=5)	30.2% (22.3% - 39.5%) 14,050	19.5% (13.9% - 26.7%) 8,628	—	—		
	Schedules are not clear or easy to understand (<=5)	12.5% (7.5% - 20.2%) 5,699	5.7% (2.9% - 11.1%) 2,498	—	—		
	Need help with immunization services in the community (<=5)	17.8% (11.8% - 26.0%) 7,971	19.5% (10.7% - 32.8%) 8,409	—	—		
	Did not receive HPV vaccine (female >=9)	N/A	74.2% (62.7% - 83.1%) 23,166	79.3% (66.0%-92.6%) ^	76.6% (73.8%-79.4%) ^		

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# Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Child (0 to 17) Survey

Child (0-17) Prevention				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Pool safety	Have pool	29.2% (24.2% - 34.8%) 42,929	29.5% (23.4% - 36.5%) 41,012	—	—		
	Pool is not fenced	26.0% (18.3% - 35.5%) 11,167	26.4% (17.9% - 37.2%) 10,834	—	—		
	Pool has no other safety device	30.6% (22.0% - 40.7%) 13,116	26.6% (18.0% - 37.3%) 10,871	—	—		
Bicycle, scooter, skateboard or skate usage	Did not wear helmet in last 12 months (>=2)	21.6% (17.1% - 26.8%) 27,326	18.2% (13.7% - 23.6%) 23,200	—	—		
Vision check	Has not had a vision check in the last 12 months (>=3)	52.9% (46.7% - 58.9%) 62,779	42.4% (34.6% - 50.6%) 50,376	—	—		

Child (0-17) Major Diseases				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Asthma	Ever diagnosed		13.1% (9.2% - 18.4%) 18,148	14.4% (8.9% - 19.8%)	14.2% (13.1%-15.3%)		
	Missed one or more days of day care or school due to asthma		46.4% (23.0% - 65.7%) 8,087	27.9% (20.9%-34.9%)	23.1% (19.5%-26.7%)		

Child (3-17) Mental Health				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Mental Health Concerns	Difficulties with emotions, concentration, behavior, or getting along with others	20.7% (16.6% - 25.5%) 24,740	28.4% (22.0% - 35.8%) 33,855	—	—		
	Difficulties severe	7.4% (3.9% - 13.5%) 1,730	12.9% (6.4% - 24.4%) 4,225	—	—		
	Still concerned by problem	N/A	50.5% (36.7% - 64.3%) 17,100	—	—		
Mental Health Diagnoses (3-17)	Attention Deficit Hyperactivity Disorder (ADHD) or Attention Deficit Disorder (ADD)	4.1% (2.5% - 6.7%) 4,971	4.7% (3.0% - 7.2%) 5,611	3.0% (1.1% - 5.0%) ** ^	3.7% (3.0% - 4.3%) ^		
	Developmental delay	5.4% (3.4% - 8.6%) 6,519	4.4% (2.5% - 7.6%) 5,254	—	—		
	Mood disorder (depressive or bipolar disorders)	1.7% (0.9% - 3.3%) 2,076	3.4% (1.3% - 8.5%) 4,022	—	—		
	Eating Disorders	3.2% (1.8% - 5.4%) 3,841	3.0% (1.4% - 6.6%) 3,604	—	—		
	Suicidal thoughts	1.5% (0.6% - 3.6%) 1,830	2.6% (0.7% - 8.5%) 3,079	—	—		
	Autism	1.8% (0.9% - 3.5%) 2,072	2.0% (0.7% - 5.5%) 2,401	—	—		
	Anxiety disorders (panic disorders, obsessive compulsive disorders, and phobia)	2.6% (1.3% - 5.1%) 3,126	2.3% (1.1% - 4.6%) 2,709	—	—		
	Mental Retardation	1.1% (0.5% - 2.5%) 1,288	1.6% (0.6% - 4.1%) 1,862	—	—		

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**Summary of HARC Results 2007 and 2010  
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Child (0 to 17) Survey**

Child (3-17) Mental Health				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
<b>Mental Health Treatment (3-17)</b>	Visit a mental health professional in last 12 months for mental health concern	N/A	<b>19.5%</b> (11.6% - 31.0%) 7,593	—	—		
	Visit a pediatrician or medical doctor in last 12 months for mental health concern	N/A	<b>9.1%</b> (4.7% - 16.7%) 3,533	—	—		
	Taken medications for mental health concerns in last 12 months	N/A	<b>11.8%</b> (5.2% - 24.6%) 4,582	—	—		
	Received psychological counseling for mental health concerns in last 12 months	N/A	<b>12.1%</b> (6.7% - 20.9%) 4,689	—	—		

Child (0-17) Weight, Nutrition and Activity				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
<b>BMI</b>	<b>Overweight (&gt;=2)</b>	16.5% (12.5% - 21.5%) 16,541	<b>12.1%</b> (8.6% - 16.9%) 10,615	—	—		
	<b>Obese (&gt;=2)</b>	32.7% (26.0% - 40.3%) 32,776	<b>29.5%</b> (21.8% - 38.4%) 25,746	—	—		
<b>Weight Perception</b>	Consider child to be overweight (>=2)	18.0% (13.6% - 23.5%) 22,937	<b>13.5%</b> (9.7% - 18.4%) 17,173	—	—		
<b>Nutrition</b>	Eats breakfast at home (>=2)	73.4% (66.7% - 79.1%) 93,173	<b>70.9%</b> (63.7% - 77.2%) 90,497	—	—		
	Ate no fast food in last 7 days (>=2)	N/A	<b>27.8%</b> (21.5% - 35.3%) 34,778	24.8% (17.8%-31.8%)	28.0% (26.5%-29.5%)		
	Ate dinner with the family everyday (>=2)	59.5% (54.2% - 64.7%) 87,377	<b>58.5%</b> (50.8% - 65.8%) 74,827	—	—		
<b>Breastfeeding</b>	Child was ever breastfed or fed breast milk (<=5)	N/A	<b>75.3%</b> (61.3% - 85.4%) 33,442	91.4% (86.6%-96.2%) +	86.5% (84.8% 88.3%) +	75%	81.9%
<b>Food Insecurity</b>	Cut child meal size or skipped meals due to cost	N/A	<b>7.5%</b> (4.9% - 11.3%) 10,458	—	—		
	Skipped child meals on whole day due to cost	N/A	<b>1.0%</b> (0.3% - 3.4%) 1,390	—	—		
<b>Activity</b>	Engaged in sedentary activities in last week (>=6)	59.5% (52.8% - 65.9%) 59,131	<b>45.2%</b> (36.6% - 54.2%) 41,290	—	—		
	Physically active every day in last week (>=6)	N/A	<b>40.0%</b> (31.4% - 49.3%) 36,813	—	—		
	Does not have a safe place to play outdoors (>=2)	N/A	<b>6.4%</b> (3.9% - 10.4%) 8,203	—	—		

\* Significant change from 2007 to 2010

Legend:



HARC 2010 result at or better than comparison measure

HARC 2010 result worse than comparison measure

N/A = not asked in 2007

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^= CHIS 2007

+= CHIS 2005

\*\* statistically unstable

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# **Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Child (0 to 17) Survey**

Child (0-17) Learning and Socialization				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
School achievement	Performing poor in academic classes (>=6)	4.3% (2.6% - 6.9%) 4,292	4.3% (2.2% - 8.3%) 4,046	—	—		
	Disciplined in school in last 12 months (>=6)	17.7% (12.9% - 23.8%) 17,512	18.7% (12.8% - 26.6%) 17,653	—	—		
School absenteeism	Missed one or more days in last year (>=6)	N/A	77.8% (70.47% - 83.9%) 69,594	—	—		
	If missed school day, it was missed due to illness (>=6)	N/A	81.6% (74.1% - 87.3%) 56,774	—	—		
Reading to child	Did not read to child in last 3 months (<=5)	9.1% (5.2% - 15.4%) 4,207	4.7% (1.5% - 13.8%) 2,084	—	—		
Child care	Could not find for a week or more in last 12 months (<=12)	N/A	5.6% (3.0% - 10.1%) 3,035	5.0% (1.3% - 8.8%) **	6.2% (5.2% - 7.3%)		
	Could not find child care due to cost (<=12)	N/A	38.1% (16.5% - 65.7%) 1,156	24.2% (21.4%-26.9%) **	23.8% (16.4%-31.2%)		
Parent Discussions	Have not spoken to child about suicide (>=6)	70.5% (63.0% - 77.0%) 70,513	82.7% (76.1% - 87.7%) 77,850	—	—		
	Have not spoken to child about eating disorders (>=6)	64.1% (56.7% - 70.8%) 63,784	77.5% (70.8% - 83.0%) 73,080	—	—		
	Have not spoken to child about interpersonal or domestic violence (>=6)	63.2% (55.9% - 70.1%) 62,754	72.2% (64.1% - 79.1%) 67,984	—	—		
	Have not spoken to child about depression or isolation (>=6)	67.7% (61.5% - 73.4%) 67,395	69.4% (60.9% - 76.9%) 65,560	—	—		
	Have not spoken to child about sexual issues/ pregnancy (>=6)	44.5% (37.7% - 51.6%) 44,198	52.3% (43.7% - 60.9%) 49,425	—	—		
	Have not spoken to child about gangs or violence (>=6)	36.8% (30.9% - 43.2%) 36,775	51.0% (42.3% - 59.6%) 48,138	—	—		
	Have not spoken to child about alcohol (>=6)	32.2% (26.6% - 38.3%) 32,240	44.9% (36.2% - 54.0%) 42,432	—	—		
	Have not spoken to child about smoking (>=6)	33.5% (27.7% - 39.8%) 33,488	43.4% (34.7% - 52.6%) 40,988	—	—		
	Have not spoken to child about drugs (>=6)	29.7% (24.3% - 35.6%) 29,662	40.6% (32.0% - 49.9%) 38,366	—	—		
	Have not spoken to child about dealing with anger (>=6)	31.1% (25.6% - 37.1%) 30,830	37.8% (29.5% - 46.9%) 35,635	—	—		

Legend:

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# Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Child (0 to 17) Survey

Child (0-17) Adult Demographics				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Citizenship status	U.S. citizen	70.4% (64.7% - 75.6%) 101,743	<b>78.3%</b> (72.6% - 83.1%) 103,864	—	—		

Child (0-17) Adult Socioeconomic Status				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Home ownership	Own home	53.8% (48.1% - 59.3%) 77,885	<b>48.4%</b> (41.3% - 55.4%) 64,981	—	—		
Employment Status	Out of Work	8.7% (5.8% - 12.9%) 12,547	<b>12.1%</b> (9.2% - 15.9%) 16,645	—	—		
	Employed in one full-time job	75.5% (69.7% - 80.5%) 69,096	<b>71.1%</b> (61.9% - 78.8%) 60,297	—	—		
Poverty	At or below the FPL	27.9% (22.2% - 32.4%) 35,297	<b>27.5%</b> (22.0% - 33.7%) 34,070	<b>15.7%</b> (9.7% - 21.7%)	<b>23.0%</b> (21.5%-24.5%)		
	Above 300% FPL	19.9% (16.2% - 24.1%) 25,153	<b>20.2%</b> (15.0% - 26.6%) 25,026	<b>45.7%</b> (38.7%-52.6%)	<b>42.7%</b> (41.1%-44.3%)		

Legend:



HARC 2010 result at or better than comparison measure  
HARC 2010 result worse than comparison measure

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# Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Child (0 to 5) Survey

Child (0-5) Adult Access (Parent or Guardian of Child)				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Health care coverage	Currently without coverage	20.0% (13.5% - 28.5%) 9,392	26.3% (17.1% - 38.2%) 11,683	—	—	0%	0%
	Have now but without sometime in last 12 months	N/A	14.4% (5.8% - 31.2%) 4,687	—	—		
	Without due to cost	42.1% (22.1% - 65.1%) 3,846	26.5% (12.1% - 48.6%) 3,092	—	—		
Prescription insurance coverage	Currently without coverage	35.4% (27.4% - 44.3%) 16,367	12.1% (7.4% - 19.4%) 3,974	—	—		
Dental insurance coverage	Currently without coverage	43.0% (34.5% - 51.9%) 20,002	46.9% (35.8% - 58.2%) 20,598	—	—	0%	0%
Vision insurance coverage	Currently without coverage	44.0% (35.5% - 52.9%) 20,519	45.5% (34.6% - 56.9%) 19,901	—	—		
Mental health insurance coverage	Currently without coverage	45.7% (36.7% - 55.0%) 18,958	49.0% (36.7% - 61.5%) 18,976	—	—		

\* Significant change from 2007 to 2010

Child (0-5) Access				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Health care coverage	Currently without coverage	10.3% (6.7% - 15.5%) 4,822	5.1% (2.4% - 10.3%) 2,269	2.2% (0.0% - 4.5%) **	4.1% (2.9% - 5.2%)	0%	0%
	Have now but without sometime in last 12 months	14.6% (8.9% - 22.9%) 6,102	11.2% (4.3% - 26.3%) 4,718	4.9% (1.7 - 8.0) **	7.7% (6.1% - 9.3%)		
	Without due to cost	26.2% (11.4% - 49.4%) 1,138	13.8% (3.6% - 40.7%) 294	—	—		
	Health care coverage publicly funded	75.4% (66.5% - 82.6%) 25,866	71.1% (58.7% - 81.1%) 27,389	40.4% (28.2%-52.6%)	45.0% (42.2%-47.9%)		
Prescription insurance coverage	Currently without coverage	14.3% (9.8% - 20.4%) 6,715	12.5% (6.0% - 24.3%) 5,536	5.1% (1.6% - 8.6%) **	6.7% (5.1% - 8.4%)		
Dental insurance coverage	Currently without coverage	25.7% (19.1% - 33.7%) 11,629	27.5% (18.6% - 38.6%) 11,740	20.4% (11.9%-28.8%) ^	17.6% (15.9%-19.3%) ^	0%	0%
Vision insurance coverage	Currently without coverage	29.5% (22.4% - 37.7%) 12,825	20.7% (12.6% - 31.9%) 8636.882	—	—		
Mental health insurance coverage	Currently without coverage	N/A	26.9% (17.2% - 39.5%) 9,819	—	—		

Legend:

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**Summary of HARC Results 2007 and 2010  
Compared to Results from National and Regional Surveys  
Child (0 to 5) Survey**

Child (0-5) Utilization				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
General Health Status	Fair or poor	5.1% (2.6% - 9.7%) 2,393	3.3% (1.5% - 7.1%) 1,487	7.6% (0% - 18.3%) **	5.2% (3.8% - 6.6%)		
Last visit to health care provider	Less than 6 months	81.4% (73.3% - 87.5%) 37,592	87.8% (82.0% - 91.9%) 39,023	—	—		
Visit for routine check-up	Not in last 12 months	N/A	12.5% (7.1% - 21.0%) 2,718	—	—		
Difficulty with health care provider appointment	Difficulty with time before getting an appointment	23.1% (16.4% - 31.6%) 9,938	12.7% (7.1% - 21.5%) 5,453	—	—		
	Difficulty with wait time before seeing the health care provider	15.3% (9.7% - 23.4%) 6,579	20.8% (13.7% - 30.4%) 8,941	—	—		
	Difficulty with demeanor or attitude of health care provider	8.3% (4.5% - 14.9%) 3,537	5.1% (2.1% - 12.1%) 2,166	—	—		
	Difficulty with demeanor or attitude of office staff	9.4% (5.2% - 16.4%) 4,010	7.0% (3.3% - 14.3%) 3,020	—	—		
	Provider has no evening or weekend hours	55.7% (46.4% - 64.6%) 21,740	70.1% (59.1% - 79.1%) 28,032	—	—		
Prescription drug	Did not order due to cost	9.7% (5.5% - 16.5%) 4,552	9.5% (3.4% - 23.8%) 4,206	—	—		
Ordered test or treatment	Delayed in last 12 months	4.4% (2.1% - 9.1%) 2,026	5.9% (2.7% - 12.4%) 2,628	5.8% (1.5%-10.0%) **	4.3% (3.4% - 5.2%)		
	Delayed due to lack of insurance	27.7% (5.4% - 72.0%) 562	38.2% (8.8% - 79.9%) 1,005	—	—		

Child (0-5) Prevention				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Dental Care	Never been to a dentist	49.5% (40.8% - 58.3%) 23,245	44.2% (33.9% - 55.1%) 19,641	29.0% (19.2%-38.8%) ^	30.9% (28.6%-33.3%) ^		
	Visit last 6 months	N/A	71.0% (55.8% - 82.5%) 17,247	55.6% (40.6%-70.6%)	58.7% (55.4%-61.9%)		
Hearing check	Never had a hearing check (<=5)	27.3% (19.6% - 36.5%) 12,638	19.8% (13.5% - 28.2%) 8,772	—	—		
Immunizations	Doctor or clinic has not reminded to get (<=5)	30.2% (22.2% - 39.6%) 14,050	19.5% (13.9% - 26.7%) 8,628	—	—		
	Schedules are not clear or easy to understand (<=5)	12.5% (7.5% - 20.2%) 5,699	5.7% (2.9% - 11.1%) 2,498	—	—		
	Need help with immunization services in the community (<=5)	17.8% (11.8% - 26.0%) 7,971	19.5% (10.7% - 32.8%) 8,409	—	—		
Safety seat	Seldom or never use (<=60 lbs)	1.8% (0.4% - 8.9%) 592	1.0% (0.2% - 4.2%) 343	—	—		

Legend:

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# Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Child (0 to 5) Survey

Child (0-5) Prevention				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Pool safety	Have pool	21.9% (15.3% - 30.4%) 10,279	29.2% (19.7% - 40.9%) 12,970	—	—		
	Pool is not fenced	33.4% (16.2% - 56.7%) 3,436	15.3% (6.5% - 32.1%) 1,990	—	—		
	Pool has no other safety device	37.7% (19.5% - 60.2%) 3,878	13.2% (5.8% - 27.2%) 1,712	—	—		
Bicycle, scooter, skateboard or skate usage	Did not wear helmet in last 12 months (>=2)	21.8% (12.4% - 35.6%) 5,943	18.0% (10.8% - 28.5%) 6,017	—	—		
Vision check	Has not had a vision check in the past year(>=3)	59.5% (45.9% - 71.8%) 12,337	51.2% (34.1% - 68.0%) 12,794	—	—		

Child (0-5) Major Diseases				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Asthma	Ever diagnosed	N/A	14.0% (6.4% - 27.7%) 6,137	10.2% (0.0% - 22.4%) **	8.6% (7.0% - 10.1%)		

Child (3-5) Mental Health				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Mental Health Concerns	Difficulties with emotions, concentration, behavior, or getting along with others	11.8% (5.5% - 23.4%) 2,483	23.0% (12.7% - 37.9%) 5,753	—	—		
	Difficulties severe	5.2% (0.6% - 31.6%) 129	5.3% (1.3% - 19.0%) 304	—	—		
	Still concerned by problem	N/A	36.7% (15.2% - 65.2%) 2,111	—	—		

Child (0-5) Learning and Socialization				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Reading to child	Did not read to child in last 3 months (<=5)	9.1% (5.2% - 15.4%) 4,207	4.7% (1.5% - 13.8%) 2,084	—	—		
Child care	Could not find for a week or more in last 12 months (<=12)	N/A	11.1% (5.9% - 19.8%) 4,909	5.0% (1.3% - 8.8%) **	6.2% (5.2% - 7.3%)		
	Could not find child care due to cost (<=12)	N/A	42.0% (16.7% - 72.4%) 2,064	24.2% (21.4%-26.9%) **	23.8% (16.4%-31.2%)		

Legend:



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HARC 2010 result worse than comparison measure

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# **Summary of HARC Results 2007 and 2010** **Compared to Results from National and Regional Surveys** **Child (0 to 5) Survey**

Child (0-5) Weight, Nutrition and Activity				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
BMI	Overweight (>=2)	18.9% (10.5% - 31.6%) 3,795	3.4% (1.5% - 7.5%) * 647	—	—		
	Obese (>=2)	40.4% (29.1% - 52.8%) 8,123	29.6% (16.6% - 46.9%) 5,580	—	—		9.6%
Weight Perception	Consider child to be overweight (>=2)	4.6% (2.5% - 8.3%) 2,158	3.4% (1.4% - 8.2%) 1,142	—	—		
Nutrition	Eats breakfast at home (>=2)	82.7% (72.6% - 89.5%) 22,494	84.4% (69.0% - 93.0%) 28,259	—	—		
	Ate no fast food in last 7 days (>=2)	N/A	35.9% (22.1% - 52.5%) 11,922	32.0% (20.8%-43.2%)	35.2% (32.2%-38.1%)		
	Ate dinner with the family everyday (>=2)	61.2% (52.3% - 69.4%) 28,710	67.5% (52.6% - 79.6%) 22,600	—	—		
Breastfeeding	Child was ever breastfed or fed breast milk (<=5)	N/A	75.3% (61.3% - 85.4%) 33,442	91.4% (86.6%-96.2%) +	86.5% (84.8% 88.3%) +	75%	81.9%
Food Insecurity	Cut child meal size or skipped meals due to cost	N/A	1.5% (0.5% - 4.7%) 664	—	—		
Activity	Does not have a safe place to play (>=2)	N/A	8.7% (3.8% - 18.8%) 2,878	—	—		

\* Significant change from 2007 to 2010

Child (0-5) Adult Demographics				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Citizenship status	U.S. citizen	70.6% (61.7% - 78.3%) 32,527	76.3% (64.7% - 84.9%) 32,816	—	—		

Child (0-5) Adult Socioeconomic Status				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Home ownership	Own home	47.9% (39.3% - 56.6%) 22,189	39.2% (28.8% - 50.6%) 16,885	—	—		
Employment Status	Out of Work	11.8% (7.1% - 19.0%) 5,425	15.4% (10.0% - 22.9%) 6,794	—	—		
	Employed in one full-time job	72.5% 18180.29672	75.1% (60.9% - 85.4%) 16,365	—	—		
Poverty	At or below the FPL	24.0% (16.6% - 33.3%) 9,453	25.3% (17.5% - 35.1%) 10,204	14.8% (8.4%-21.2%)	27.3% (24.6%-30.0%)		
	Above 300% FPL	18.3% (13.1% - 24.9%) 7,199	26.4% (15.7% - 41.0%) 10,649	45.9% (34.7%-57.2%)	38.8% (36.2%-41.3%)		

Legend:

	HARC 2010 result at or better than comparison measure
	HARC 2010 result worse than comparison measure

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# Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Child (6 to 17) Survey

Child (6-17) Adult Access (Parent or Guardian of Child)				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Health care coverage	Currently without coverage	24.5% (19.6% - 30.3%) 24,479	22.5% (16.6% - 29.7%) 21,222	—	—	0%	0%
	Have now but without sometime in last 12 months	N/A	16.1% (9.5% - 26.1%) 11,792	—	—		
	Without due to cost	21.4% (13.5% - 32.3%) 5,071	34.7% (21.1% - 51.3%) 6,541	—	—		
Prescription insurance coverage	Currently without coverage	34.3% (28.6% - 40.6%) 32,963	12.8% (8.1% - 19.6%) 9,302	—	—		
Dental insurance coverage	Currently without coverage	42.1% (35.6% - 48.8%) 41,757	47.8% (39.2% - 56.6%) 44,826	—	—	0%	0%
Vision insurance coverage	Currently without coverage	43.4% (36.8% - 50.2%) 42,606	52.4% (43.6% - 61.1%) 48,918	—	—		
Mental health insurance coverage	Currently without coverage	44.2% (37.2% - 51.4%) 38,395	48.0% (38.7% - 57.4%) 40,503	—	—		

\* Significant change from 2007 to 2010

Child (6-17) Access				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Health care coverage	Currently without coverage	18.3% (14.0% - 23.5%) 18,247	9.2% (6.0% - 13.8%) 8,656	4.6% (1.9% - 7.3%) **	5.3% (4.5% - 6.2%)	0%	0%
	Have now but without sometime in last 12 months	10.7% (7.2% - 15.7%) 8,677	11.4% (6.5% - 19.0%) 9,724	3.6% - 9.8%)	8.8% (7.4% - 10.1%)		
	Without due to cost	25.3% (15.2% - 39.2%) 4,090	44.9% (23.9% - 67.9%) 3,516	—	—		
	Health care coverage publicly funded	66.3% (57.7% - 74.1%) 39,593	61.9% (51.5% - 71.3%) 48,311	35.0% (28.2%-41.9%)	35.0% (33.0%-37.1%)		
Prescription insurance coverage	Currently without coverage	26.8% (21.6% - 32.8%) 26,319	15.0% (10.9% - 20.3%) 14,065	4.8% (1.5% - 8.1%) **	5.8% (4.9 - 6.7%)		
Dental insurance coverage	Currently without coverage	30.9% (25.3% - 37.2%) 30,614	26.6% (20.0% - 34.3%) 24,942	27.4% (20.0%-34.7%) ^	20.4% (19.1%-21.8%) ^	0%	0%
Vision insurance coverage	Currently without coverage	34.5% (28.5% - 41.1%) 33,446	30.4% (22.4% - 39.7%) 28,158	—	—		
Mental health insurance coverage	Currently without coverage	N/A	28.7% (22.0% - 36.4%) 23,053	—	—		

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Legend:



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**Summary of HARC Results 2007 and 2010  
Compared to Results from National and Regional Surveys  
Child (6 to 17) Survey**

Child (6-17) Utilization				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
General Health Status	Fair or poor	5.5% (3.4% - 8.8%) 5,495	2.7% (1.6% - 4.5%) 2,564	3.8% (1.3% - 6.3%) **	7.1% (6.1% - 8.1%)		
Last visit to health care provider	Less than 6 months	58.3% (51.0% - 65.2%) 56,802	59.6% (50.2% - 68.4%) 56,015	—	—		
Visit for routine check-up	Not in last 12 months	N/A	41.5% (27.2% - 57.3%) 17,024	—	—		
Difficulty with health care provider appointment	Difficulty with time before getting an appointment	14.1% (10.0% - 19.6%) 10,882	9.7% (5.2% - 17.3%) 7,600	—	—		
	Difficulty with wait time before seeing the health care provider	10.0% (6.5% - 15.1%) 7,784	13.9% (8.8% - 21.3%) 10,920	—	—		
	Difficulty with demeanor or attitude of health care provider	8.9% (4.7% - 16.2%) 6,886	6.9% (3.0% - 15.3%) 5,450	—	—		
	Difficulty with demeanor or attitude of office staff	14.7% (8.9% - 23.4%) 11,322	6.2% (2.4% - 14.9%) 4,838	—	—		
	Provider has no evening or weekend hours	57.3% (49.2% - 65.0%) 43,008	47.1% (37.4% - 57.1%) 35,765	—	—		
Prescription drug	Did not order due to cost	11.1% (7.7% - 15.9%) 10,951	8.8% (6.2% - 12.3%) 8,319	—	—		
Ordered test or treatment	Delayed in last 12 months	4.9% (2.9% - 7.9%) 4,835	5.0% (3.0% - 8.2%) 4,757	7.7% (3.5% - 11.9%)	5.5% (4.6% - 6.3%)		
	Delayed due to cost	45.3% (22.5% - 70.2%) 2,153	38.1% (16.8% - 65.3%) 1,813	—	—		

Child (6-17) Major Diseases				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Asthma	Ever diagnosed	N/A	12.7% (8.7% - 18.2%) 12,011	16.3% (10.6%-22.0%)	16.5% (15.1%-18.0%)		
	Missed one or more days of school due to asthma	N/A	44.0% (26.1% - 63.6%) 5,163	15.5% (8.6% - 22.4%)	19.4% (15.8%-23.0%)		

Legend:



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**Summary of HARC Results 2007 and 2010  
Compared to Results from National and Regional Surveys  
Child (6 to 17) Survey**

Child (6-17) Prevention				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Dental Care	Never been to a dentist	13.1% (9.6% - 17.7%) 13,043	<b>5.3%</b> (2.7% - 10.1%) 4,953	—	—		
	Visit last 6 months	N/A	<b>63.3%</b> (54.3% - 71.4%) 56,028	—	—		
	Does not floss	28.1% (22.7% - 34.1%) 25,278	<b>30.6%</b> (22.1% - 40.6%) 27,121	—	—		
Immunizations	Not received an HPV vaccination (female >=9)	N/A	<b>25.8%</b> (16.9% - 37.3%) 8,075	—	—		
Safety seat or seat belt	Seldom or never use a safety seat (<=60 lbs)	22.4% (11.2% - 39.7%) 2,760	<b>20.6%</b> (12.0% - 33.1%) 1,878	—	—		
	Seldom or never use a seat belt (>60 lbs)	1.1% (0.4% - 3.4%) 832	<b>0.1%</b> (0.0% - 0.5%) 46	—	—		
Pool safety	Have pool	29.2% (24.2% - 34.8%) 42,929	<b>29.7%</b> (22.1% - 38.6%) 28,042	—	—		
	Pool is not fenced	26.0% (18.3% - 35.5%) 11,167	<b>31.5%</b> (19.9% - 46.0%) 8,844	—	—		
	Pool has no other safety device	30.6% (22.0% - 40.7%) 13,116	<b>32.8%</b> (20.8% - 47.4%) 9,158	—	—		
Bicycle, scooter, skateboard or skate usage	Did not wear helmet in last 12 months	21.6% (17.1% - 26.8%) 27,326	<b>18.2%</b> (13.0% - 24.9%) 17,184	—	—		
Vision check	Has not had a vision check in the last 12 months	51.5% (44.6% - 58.3%) 50,442	<b>40.1%</b> (31.4% - 49.4%) 37,582	—	—		

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**Summary of HARC Results 2007 and 2010  
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Child (6 to 17) Survey**

Child (6-17) Mental Health				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Mental Health Concerns	Difficulties with emotions, concentration, behavior, or getting along with others	22.6% (17.8% - 28.1%) 22,257	<b>29.8%</b> (22.4% - 38.4%) 28,102	—	—		
	Difficulties severe	7.6% (3.9% - 14.3%) 1,602	<b>14.6%</b> (6.8% - 28.4%) 3,921	—	—		
	Still concerned by problem	N/A	<b>53.3%</b> (37.7% - 68.4%) 14,988	—	—		
Mental Health Diagnoses	Attention Deficit Hyperactivity Disorder (ADHD) or Attention Deficit Disorder (ADD)	4.6% (2.8% - 7.6%) 4,593	<b>5.4%</b> (3.4% - 8.6%) 5,128	<b>4.5%</b> (1.6% - 7.4%) **	<b>5.0%</b> (4.2% - 5.9%)		
	Developmental delay	6.2% (3.8% - 9.9%) 6,088	<b>3.6%</b> (1.9% - 6.7%) 3,376	—	—		
	Mood disorder (depressive or bipolar disorders)	2.1% (1.1% - 4.0%) 2,076	<b>4.3%</b> (1.6% - 10.7%) 4,022	—	—		
	Eating Disorders	3.4% (1.9% - 6.0%) 3,380	<b>2.3%</b> (1.0% - 5.3%) 2,207	—	—		
	Suicidal thoughts	1.8% (0.8% - 4.3%) 1,830	<b>3.1%</b> (0.8% - 10.7%) 2,902	—	—		
	Autism	1.6% (0.7% - 3.6%) 1,554	<b>1.5%</b> (0.4% - 5.0%) 1,407	—	—		
	Anxiety disorders (panic disorders, obsessive compulsive disorders, and phobia)	3.1% (1.6% - 6.2%) 3,126	<b>2.7%</b> (1.3% - 5.8%) 2,595	—	—		
	Mental Retardation	1.2% (0.5% - 2.9%) 1,160	<b>1.5%</b> (0.4% - 4.8%) 1,384	—	—		
	Visit a mental health professional in last 12 months for mental health concern	N/A	<b>23.2%</b> (13.3% - 37.2%) 7,099	—	—		
	Visit a pediatrician or medical doctor in last 12 months for mental health concern	N/A	<b>7.0%</b> (3.6% - 13.2%) 2,155	—	—		
Mental Health Treatment	Taken medications for mental health concerns in last 12 months	N/A	<b>14.4%</b> (6.2% - 30.0%) 4,404	—	—		
	Received psychological counseling for mental health concerns in last 12 months	N/A	<b>11.7%</b> (6.3% - 20.7%) 3,584	—	—		

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**Summary of HARC Results 2007 and 2010  
Compared to Results from National and Regional Surveys  
Child (6 to 17) Survey**

Child (6-17) Weight, Nutrition and Activity				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
<b>BMI</b>	<b>Overweight</b>	15.9% (11.6% - 21.4%) 12,746	<b>14.5%</b> (10.0% - 20.6%) 9,968	—	—		
	<b>Obese</b>	30.8% (22.9% - 40.0%) 24,653	<b>29.4%</b> (20.7% - 40.0%) 20,166	—	—		
<b>Weight Perception</b>	<b>Consider child to be overweight</b>	22.5% (17.0% - 29.1%) 22,521	<b>17.0%</b> (12.0% - 23.5%) 16,032	—	—		
<b>Nutrition</b>	<b>Eats breakfast at home</b>	70.8% (62.9% - 77.6%) 70,679	<b>66.1%</b> (57.5% - 73.7%) 62,237	—	—		
	<b>Ate no fast food in last 7 days</b>	N/A	<b>24.9%</b> (18.5% - 32.7%) 22,856	<b>25.7%</b> (23.9%-27.4%)	<b>22.5%</b> (17.0%-27.9%)		
	<b>Ate dinner with the family everyday</b>	58.8% (52.0% - 65.2%) 58,668	<b>55.3%</b> (46.3% - 64.0%) 52,228	—	—		
<b>Food Insecurity</b>	<b>Cut child meal size or skipped meals due to cost</b>	N/A	<b>10.4%</b> (6.6% - 15.9%) 9,794	—	—		
	<b>Skipped child meals on whole day due to cost</b>	N/A	<b>1.5%</b> (0.4% - 4.9%) 1,390	—	—		
<b>Activity</b>	<b>Engaged in sedentary activities in last week</b>	59.5% (52.8% - 66.0%) 59,131	<b>45.2%</b> (36.6% - 54.2%) 41,290	*	—		
	<b>Physically active every day in last week</b>	N/A	<b>40.0%</b> (31.4% - 49.3%) 36,813	—	—		
	<b>Does not have a safe place to play</b>	N/A	<b>5.6%</b> (3.0% - 10.3%) 5,325	—	—		

\* Significant change from 2007 to 2010

Child (6-17) Learning and Socialization				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
<b>School achievement</b>	<b>Performing poor in academic classes (&gt;=6)</b>	4.3% (2.6% - 6.9%) 4,292	<b>4.3%</b> (2.2% - 8.3%) 4,046	—	—		
	<b>Disciplined in school in last 12 months (&gt;=6)</b>	17.7% (12.8% - 23.9%) 17,512	<b>18.7%</b> (12.8% - 26.6%) 17,653	—	—		
<b>School absenteeism</b>	<b>Missed one or more days in last year</b>	N/A	<b>77.8%</b> (70.47% - 83.9%) 69,594	—	—		
	<b>Missed school due to illness</b>	N/A	<b>18.4%</b> (12.7% - 25.9%) 56,774	—	—		
<b>Child care</b>	<b>Could not find for a week or more in last 12 months (&lt;=12)</b>	N/A	<b>5.6%</b> (3.0% - 10.1%) 3,035	<b>5.0%</b> (1.3% - 8.8%) **	<b>6.2%</b> (5.2% - 7.3%)		
	<b>Could not find child care due to cost (&lt;=12)</b>	N/A	<b>38.1%</b> (16.5% - 65.7%) 1,156	<b>24.2%</b> (21.4%-26.9%) **	<b>23.8%</b> (16.4%-31.2%)		

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# **Summary of HARC Results 2007 and 2010 Compared to Results from National and Regional Surveys Child (6 to 17) Survey**

Child (6-17) Learning and Socialization				ERC - U.S. Health Status Comparison			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Parent Discussions	Have not spoken to child about suicide (>=6)	70.5% (63.0% - 77.0%) 70,513 64.1%	<b>82.7%</b> (76.1% - 87.7%) <b>77,850</b> <b>77.5%</b>	—	—		
	Have not spoken to child about eating disorders (>=6)	(56.7% - 70.8%) 63,784	(70.8% - 83.0%) <b>73,080</b>	—	—		
	Have not spoken to child about interpersonal or domestic violence (>=6)	63.2% (55.9% - 70.1%) 62,754	<b>72.2%</b> (64.1% - 79.1%) <b>67,984</b>	—	—		
	Have not spoken to child about depression or isolation (>=6)	67.7% (61.5% - 73.4%) 67,395	<b>69.4%</b> (60.9% - 76.9%) <b>65,560</b>	—	—		
	Have not spoken to child about sexual issues/ pregnancy (>=6)	44.5% (37.7% - 51.6%) 44,198	<b>52.3%</b> (43.7% - 60.9%) <b>49,425</b>	—	—		
	Have not spoken to child about gangs or violence (>=6)	36.8% (30.9% - 43.2%) 36,775	<b>51.0%</b> (42.3% - 59.6%) <b>48,138</b>	—	—		
	Have not spoken to child about alcohol (>=6)	32.2% (26.6% - 38.3%) 32,240	<b>44.9%</b> (36.2% - 54.0%) <b>42,432</b>	—	—		
	Have not spoken to child about smoking (>=6)	33.5% (27.7% - 39.8%) 33,488	<b>43.4%</b> (34.7% - 52.6%) <b>40,988</b>	—	—		
	Have not spoken to child about drugs (>=6)	29.7% (24.3% - 35.6%) 29,662	<b>40.6%</b> (32.0% - 49.9%) <b>38,366</b>	—	—		
	Have not spoken to child about dealing with anger (>=6)	31.1% (25.6% - 37.1%) 30,830	<b>37.8%</b> (29.5% - 46.9%) <b>35,635</b>	—	—		

Child (6-17) Adult Demographics				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Citizenship status	U.S. citizen	70.3% (62.8% - 76.9%) 69,216	<b>79.3%</b> (72.6% - 84.7%) <b>71,048</b>	—	—		

Child (6-17) Adult Socioeconomic Status				HARC Results vs. Comparison Measures			
Topic	Metric	HARC ERC 2007	HARC ERC 2010	CHIS # Riverside	CHIS CA	HP 2010	HP 2020
Home ownership	Own home	56.5% (49.2% - 63.5%) 55,696	<b>52.7%</b> (43.8% - 61.4%) <b>48,095</b>	—	—		
Employment Status	Out of Work	7.2% (3.9% - 13.1%) 7,123	<b>10.6%</b> (7.3% - 15.1%) <b>9,852</b>	—	—		
	Employed in one full-time job	76.7% (69.7% - 82.4%) 50,915	<b>69.7%</b> (58.1% - 79.2%) <b>43,932</b>	—	—		
Poverty	At or below the FPL	29.5% (22.3% - 37.9%) 26,126	<b>28.5%</b> (21.5%-36.7%) <b>23,866</b>	<b>16.2%</b> (12.2%-20.2%)	<b>20.9%</b> (19.2%-22.6%)		
	Above 300% FPL	21.2% (16.5% - 26.9%) 18,789	<b>17.2%</b> (12.3% - 23.4%) <b>14,376</b>	<b>45.5%</b> (37.8%-53.2%)	<b>44.6%</b> (42.7%-46.6%)		

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