

# Survey to help find valley health needs

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PALM DESERT — A Palm Desert-based health organization is going to be calling residents this week to determine health needs of the Coachella Valley.

The Health Assessment Resource Center is conducting its triennial survey this week and will survey residents on their health habits.

"The 2013 needs assessment will not only help produce the most current, statistically valid data available today; it will also help health care professionals better un-

derstand the relative progress or setbacks that have occurred within specific categories," HARC Board President Glen Grayman said in a news release.

The phone interview lasts about 23 minutes and focuses on topics including nutrition, weight, illness and health care services.

Palm Springs resident Dan Radner, 59, said Saturday he would take the survey if he's called.

"I've got nothing to hide," he said as he jogged around

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# Survey

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the Cathedral City High School track.

"I guarantee you, I exercise and eat healthy. I can give positive results."

Survey results maybe

released in early 2014.

The last survey, conducted in 2010, indicated the recession impacted many residents' health.

More adults were binge drinking and fewer were seeing health care providers compared to 2007, when the first survey was done.