

For Immediate Release
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3rd Annual Coachella Valley Workplace Wellness Awards Open for Nominations

Palm Desert, CA (January 18, 2018) – HARC, Inc., the Coachella Valley’s source for critical health and wellness data, announces the nominations for the 3rd Annual Coachella Valley Workplace Wellness Awards are now open. The awards are in recognition of exemplary workplaces that prioritize employee health and wellness and encourage others to do the same.

“Health and wellness should be relevant both inside and outside the workplace,” says Dr. Jenna LeComte-Hinely, Executive Director for HARC. “A healthy work-life balance reaps benefits for both the employer and the employee.” Dr. LeComte-Hinely says Annual Review of Public Health studies show workplace wellness benefits include increased productivity, decreased absenteeism, improved morale, decreased healthcare costs and decreased legal costs.

About Workplace Wellness Awards

Organizations eligible for and encouraged to participate in the awards competition include businesses, nonprofits, schools and governmental organizations. HARC will award four small organizations (1-100 employees) and four large organizations (100+ employees) in the following categories:

1. **Nutrition:** e.g., walking clubs at work, healthy food options in vending machines, weight loss support groups, free health screenings, etc.
2. **Safety/Environment:** e.g., ergonomic interventions, safety reward programs, tobacco bans, reducing exposure to toxins, etc.
3. **Wellness/Mental Health:** e.g., flex-time policies, enhanced employee recognition, supportive supervisors, team-building, etc.
4. **Grand Prize Winner:** exemplifies all three areas listed above.

Awards Luncheon

This year’s Workplace Wellness Awards luncheon will be held on June 7th, 2018 from 11:30am – 1:30pm at the Classic Club in Palm Desert. The event includes

complimentary valet parking and lunch. Grand prize winners will be featured in *The Desert Sun*, courtesy of HARC.

How to Apply

Organizations are welcome to self-nominate and there is no charge to apply. All accepted applicants receive two complimentary tickets to the event. Go to <http://harcdata.org/about-us/events/award/> to complete the application package. HARC staff will follow up shortly and get more detail and confirm the application.

Sponsorship Opportunities

Sponsorship opportunities are available. For more information contact Jerry Quintana at jquintana@HARCdata.org

Last Year's Winners

- **Large Organization Awards**
 - **Grand Prize:** [Desert Oasis Healthcare/Family Hospice Care](#)
 - **Categories:**
 - **Nutrition and Fitness:** [Coachella Valley Water District](#)
 - **Safety and Ergonomics:** [Desert ARC](#)
 - **Mental Health and Well-Being:** [Hyatt Regency Indian Wells Resort & Spa](#)
- **Small Organization Awards**
 - **Grand Prize:** [MSA Consulting, Inc.](#)
 - **Categories:**
 - **Nutrition and Fitness:** [United Way of the Desert](#)
 - **Safety and Ergonomics:** [Friends of the Desert Mountains](#)
 - **Mental Health and Well-Being:** [CVEP](#)

About HARC

HARC is a nonprofit organization in Palm Desert, CA. HARC provides research and evaluation services in the field of health, wellness, and quality of life. HARC offers a wide range of research and evaluation services and consulting services. Among its most notable research and evaluation services is the triennial community-wide health survey which covers a variety of health and well-being topics. To learn more about HARC, visit www.HARCdata.org