

For Immediate Release
Contact: Jerry Quintana
760.404.1945
jquintana@HARCdata.org



4th Annual Workplace Wellness Awards Keynote Speaker and Nominees Announced

Palm Desert, CA (May 2019) — HARC, Inc., the Coachella Valley's premier source for community health and wellness data, announces the keynote speaker, master of ceremonies and nominees for the 4th Annual Coachella Valley Workplace Wellness Awards. This year's Workplace Wellness Awards luncheon will be held on June 6th, 2019 from 11:30am – 1:30pm at the Classic Club in Palm Desert. The event includes complimentary valet parking and lunch. Grand prize winners will be featured in *The Desert Sun*, courtesy of HARC.

About Workplace Wellness Awards

Organizations eligible for and encouraged to participate in the awards competition include businesses, nonprofits, schools, and governmental organizations. HARC will award four small organizations (1-100 employees) and four large organizations (101+ employees) in the following categories:

1. **Nutrition:** e.g., walking clubs at work, healthy food options in vending machines, weight loss support groups, free health screenings, etc.
2. **Safety/Environment:** e.g., ergonomic interventions, safety reward programs, tobacco bans, reducing exposure to toxins, etc.
3. **Wellness/Mental Health:** e.g., flex-time policies, enhanced employee recognition, supportive supervisors, team-building, etc.
4. **Grand Prize Winner:** exemplifies all three areas listed above.

Keynote Speaker

Back by popular demand, Dr. Mark Agars returns to advance his discussion on Workplace Wellness by elaborating on the critical role of leaders in empowering their employees to live healthy and balanced lives.

Dr. Mark Agars is a Professor of Psychology and Director of the Institute for Child Development and Family Relations (ICDFR) at California State University, San Bernardino (CSUSB).

Master of Ceremonies

We are pleased to announce our MC will once again be Janet Zappala. She is an Emmy award-winning journalist and Certified Nutritional Consultant. Janet is the host, director and producer of *Partners in Design* and is the *Your Health Matters* producer/reporter offering a health and wellness report to the Coachella Valley once a week.

2019 Nominees

- City of Indian Wells
- Coachella Valley Water District
- California State University, San Bernardino, Palm Desert Campus
- County of Riverside, Emergency Management Department
- Desert AIDS Project
- Desert Cancer Foundation
- Desert Cornerstone
- El Sol Neighborhood Educational Center
- Escape Room Palm Springs
- First Foundation
- Health to Hope Clinics
- Hyatt Regency Indian Wells Resort & Spa
- LGBT Community Center of the Desert
- Loma Linda University Children's Health – Indio
- Lund & Guttry LLP
- OneFuture Coachella Valley
- Friends of the Palm Springs Animal Shelter
- Palm Springs Unified School District
- RAP Foundation
- Renova Energy
- University of California, Riverside, Palm Desert Campus

Sponsorship Opportunities

Sponsorship opportunities are available. For more information contact Jerry Quintana at jquintana@HARCDdata.org

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About HARC

HARC is a nonprofit organization based in Palm Desert, CA. HARC provides research and evaluation services in the field of health, wellness, and quality of life, with a special focus on the Coachella Valley. To learn more about HARC, visit www.HARCdata.org