# HARC's Guide to

# WORKPLACE WELLNESS: DIVERSITY, EQUITY, AND INCLUSION

### WHAT IS DIVERSITY?

The standard definition of diversity is the practice or quality of including or involving people from a range of different backgrounds, such as different genders, sexual orientations, religions, races, ethnicities, etc.<sup>1</sup>



Diversity in the workplace can be defined as the representation of individuals from all identities and backgrounds who offer varying experiences and perspectives.

## WHAT IS EQUITY?<sup>2</sup>



Equity is fair treatment, access, opportunity, and advancement for all people. Equity requires organizations to identify and eliminate barriers that have historically prevented the full participation of all groups.

# WHAT IS INCLUSION?<sup>2</sup>

Inclusion refers to the practice or policy of providing equal access to opportunities and resources for people who might otherwise be excluded or marginalized.

In an inclusive workplace, employees feel valued, respected, supported, and comfortable voicing their needs.



#### 7 BENEFITS OF DIVERSITY, EQUITY, AND INCLUSION IN THE WORKPLACE<sup>2</sup>

- A more extensive talent pool
- Increased employee engagement and satisfaction
- Higher retention and lower turnover
- Greater innovation
- Enhanced financial performance
- Ability to outpace the competition
- Better decision-making

#### **HOW CAN I LEARN MORE?**

#### Attend our Virtual 2022 Workplace Wellness Symposium

We're All In this Together - Navigating Through Changing Times

JUNE 24, 2022 10:00AM - 12:00PM

#### **JOHN EPPS**

#### **DIVERSITY, EQUITY AND INCLUSION: UNLOCK THE OPPORTUNITY**



Emerging from the pandemic, we have a challenge to make work and workplaces more inclusive, more equitable, and more diverse by embedding openness, acceptance, and engagement in every aspect of our culture. Helping everyone succeed, removing obstacles, and creating inclusive teams improves workplace wellness, enhances job performance, and attracts great candidates.

During this breakout session, we explore ways that you may take advantage of this opportunity.

Thanks to our titanium sponsor <u>Desert Oasis Healthcare</u>, there is no cost to attend this event!

https://2022-workplace-wellness-symposium.eventbrite.com

HARC in collaboration with



Sources:

1. <u>https://www.oxfordlearnersdictionaries.com/us</u> /<u>definition/english/diversity</u>

2.<u>https://online.sbu.edu/news/why-dei-matters\_</u>

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